

	Health & Wellbeing Board 16th March 2023
Title	Carers and Young Carers Strategy 2023-2028
Report of	Cllr Alison Moore, Chair, Health & Wellbeing Board
Wards	All
Status	Public
Urgent	No
Key	Yes
Enclosures	Appendix 1 - Carers and Young Carers Strategy 2023 - 2028
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Summary

The new Carers and Young Carers Strategy 2023-28 focuses on the importance of the identification of individualised support for, and meaningful collaboration with, carers, for their benefit and for the benefit of the person they care for.

The priorities defined within this strategy and the outcomes the council and partners intend to achieve are a result of listening to the collective voice of carers (of all ages) and stakeholders. The strategy aims to:

- help carers and young carers access relevant support early in their caring role.
- support carers to continue caring.
- support carers to balance their own needs with that of the person they care for
- ensure that the caring role is recognised and valued in Barnet.

Officers Recommendations

1. The Health and Wellbeing Board note and support the Carers and Young Carers Strategy 2023-2028.
2. The Health and Wellbeing Board note that a review of the Carers and Young Carers Strategy 2023-2028 is scheduled for 2025.

1. Why this report is needed.

- 1.1 The Carers and Young Carers Strategy 2023-28 sets out important context around the support offer for carers and young carers in Barnet and sets out key steps to improve this offer; to ensure that the needs of our diverse carer population are met now and, in the years, ahead.
- 1.2 This strategy has been shaped by the Adult Social Care Reform White Paper, which identifies unpaid carers as a priority area, the National Carers Action Plan (2018-2020), NHS Long Term Plan (2019), and takes into account The Care Act 2014, and The Children and Families Act 2014.
- 1.3 This strategy builds on the previous Barnet Carers Strategy and supports achieving the outcomes set within the Joint Health and Wellbeing Strategy 2021 – 2025, the Children and Young People's Plan 2023-2027 and the Child and Family Early Help Strategy 2023-2027.
- 1.4 This strategy has been coproduced and developed in partnership with over 300 carers and young carers, and Barnet Carers Centre; as well as with professionals representing: Adult Social Care, Family Services, North Central London Integrated Care Board (NCL ICB), Barnet Enfield and Haringey Mental Health Trust, commissioned and non-commissioned organisations and voluntary and community sector partners.
- 1.5 In addition to reporting this strategy for approval at Adults and Safeguarding Committee, as part of the governance protocol for Young Carers, this strategy will also be presented to Children, Education and Safeguarding Committee for approval as per each Committee's responsibilities.

2. Reasons for recommendations

- 2.1 Carers and young carers play a vital role in supporting people with health, care and support needs across the borough – delivering thousands of hours of care. This strategy will help the Council to carry out its statutory duties to support carers in their caring role. This includes helping to prevent young carers from carrying out inappropriate caring and ensuring that carers of all ages can achieve the outcomes that they desire, whilst maximising their own health and wellbeing. It is important to consider the needs of carers at various times in their caring role, such as identifying carers at the start of their caring journey, supporting them to maintain their caring role, and support at the end of their caring role.

- 2.2 The 2021 Census data shows that Barnet has 28,808 carers, which makes up 7.9% of total Barnet population. This number exceeds the number of carers known to the council and our commissioned services, thus reinforcing the importance of proactive identification and raising awareness of the valuable role carers play in our society.
- 2.3 Barnet also has an aging population and a population that is increasingly diverse. Carer numbers will only increase as the support needs of our aging population increase, as will the importance of ensuring services are accessible to, and appropriate for, the diverse group of people who are carers.
- 2.4 Through engagement and coproduction with over 300 carers to develop the strategy we gained much greater insight into the challenges for carers in Barnet, including:
- Feeling undervalued
 - Needing more preventative support
 - The importance of breaks from the caring role
 - Financial concerns
 - Mental health struggles

We also captured feedback from carers about changes to services that they feel are needed. We recognise that some of these changes may already be a part of the current support offer, such as support for young carers in schools and support to take a break from caring, which indicates that we need to review communication, awareness, and accessibility. Whereas other changes reflect gaps or issues in our local system, such as access to mental health support and challenges with 'inconsistent care', that we will aim to address.

- 2.5 The strategy sets out four coproduced priorities to guide our action planning:
1. Proactive identification of carers and young carers
 2. Individualised support so that carers and young carers can get the support they need and are entitled to
 3. Involving carers to shape future services and support offer
 4. Raising the profile of carers and young carers

3. Alternative options considered and not recommended.

- 3.1 This strategy offers the only consolidated approach that has been co-produced with carers and Council partners, to support the Council in strengthening the carers and young carers support offer in Barnet. Not having the strategy is therefore not recommended.
- 3.2 If the strategy was not updated, it would remain out of date and not aligned to current legislation, policy, partnerships and best practice. A strategy update ensures alignment with our shared priorities and enables momentum to take the outcomes forward together.

4. Post decision implementation

- 4.1 Following approval, the adult social care team, working with key partners, will establish a new multi-agency Carers Partnership Board that will support development and delivery of a dedicated action plan to implement the strategy over a two-year period.
- 4.2 Progress will be reported to the relevant Council committee.
- 4.3 Through the two-year Action Plan, the Board will identify interventions and expect to evidence:
- An increase in the number of new carers who are identified at an early stage in their caring role, with a notable improvement in identifying under-represented groups.
 - Carers report a positive experience of working in partnership with Health and Social Care for their benefit and the benefit of the cared for person.
 - An increase in the number of Carers who report they are aware of and can access appropriate information, advice and guidance in relation to their caring role via the national and local Carers surveys.
- 4.4 A review of the strategy and progress to date will take place in March 2025.

5. Implications of decision

5.1 Corporate Priorities and Performance

- 5.1.1 The Carers and Young Carers Strategy sets out the proposed approach to delivering the agenda set by the Corporate Plan priorities of caring for people, in particular, living well.

5.2 Resources (Finance & Value for Money, Procurement, Staffing, IT, Property, Sustainability)

- 5.2.1 Delivery of the strategy and action plan will be met through existing service budgets. Should any future funding requirements arise, these will be considered through the Council's medium term financial planning process. Other partners involved in delivering the action plan, for example the NHS, will address resource implications through their own financial and budget processes.

5.3 Legal and Constitutional References

- 5.3.1 Article 7 of the council constitution sets out the functions of the Health and Wellbeing Board. These functions are:
- To jointly assess the health and social care needs of the population with NHS commissioners and use the findings of a Barnet Joint Strategic Needs Assessment (JSNA) to inform all relevant local strategies and policies across partnership.
 - To agree a Health and Wellbeing Strategy (HWBS) for Barnet taking into account the findings of the JSNA and strategically oversee its implementation to ensure that improved population outcomes are being delivered.

- To work together to ensure the best fit between available resources to meet the health and social care needs of the whole population of Barnet, by both improving services for health and social care and helping people to move as close as possible to a state of complete physical, mental and social wellbeing. Specific resources to be overseen include money for social care being allocated through the NHS; dedicated public health budgets; the Better Care Fund; and Section 75 partnership agreements between the NHS and the Council.
- To provide collective leadership and enable shared decision making, ownership and accountability.
- To promote partnership and, as appropriate, integration, across all necessary areas, including joined-up commissioning plans and joined-up approach to securing external funding across the NHS, social care, voluntary and community sector and public health.
- To explore partnership work across the North Central London area where appropriate.
- Specific responsibilities for:
 - Overseeing public health and promoting prevention agenda across the partnership
 - Developing further health and social care integration.

5.4 **Insight**

5.4.1 The strategy has been developed based on insight from over 300 carers and young carers, and use of local, regional and national insight to inform the priorities outlined and outcomes identified.

- Online surveys were sent to carers and young carers and shared via Engage Barnet.
- Six focus group discussions were held this Autumn by Barnet Carers Centre in person and remotely. Focus group sessions were held with young carers, young adult carers, parent carers and adults' carers including dementia carers.
- A further focus group was held with young carers in December to review and develop strategy outcomes and priorities.

5.5 **Social Value**

5.5.1 The Public Services (Social Value) Act 2012 requires people who commission public services to think about how they can also secure wider social, economic, and environmental benefits. This is reflected in the council's social value policy.

5.5.2 The corporate plan supports the aims of this social value policy and the social values outcomes we are seeking to achieve. Any commissioning or transformational activity that is carried out as part of the implementation of the Carers and Young Carers Strategy will

be conducted in accordance with the social value policy.

5.6 Risk Management

- 5.6.1 Risk management considerations will be an integral part of the scoping and management of individual projects that are initiated to deliver the Carers and Young Carers Strategy.

5.7 Equalities and Diversity

- 5.7.1 Equality and diversity issues are a mandatory consideration in the council's decision-making process. Decision makers should have due regard to the public-sector equality duty in making their decisions. The equalities duties are continuing duties they are not duties to secure a particular outcome. Consideration of the duties should precede the decision. It is important that the Committee has regard to the statutory grounds in the light of all available material such as consultation responses. The statutory grounds of the public-sector equality duty are found at section 149 of the Equality Act 2010.

A public authority must, in the exercise of its functions, have due regard to the need to:

- (a) eliminate discrimination, harassment, victimisation and any other conduct that is prohibited by or under this Act.

- (b) advance equality of opportunity between persons who share a relevant protected characteristic and persons who do not share it.

- (c) foster good relations between persons who share a relevant protected characteristic and persons who do not share it.

- 5.7.2 Having due regard to the need to advance equality of opportunity between persons who share a relevant protected characteristic and persons who do not share it involves having due regard, in particular, to the need to:

- (a) remove or minimise disadvantages suffered by persons who share a relevant protected characteristic that are connected to that characteristic.

- (b) take steps to meet the needs of persons who share a relevant protected characteristic that are different from the needs of persons who do not share it.

- (c) encourage persons who share a relevant protected characteristic to participate in public life or in any other activity in which participation by such persons is disproportionately low.

- 5.7.3 The steps involved in meeting the needs of disabled persons that are different from the needs of persons who are not disabled include, in particular, steps to take account of disabled persons' disabilities.

- 5.7.4 Having due regard to the need to foster good relations between persons who share a relevant protected characteristic and persons who do not share it involves having due regard, in particular, to the need to:

- (a) Tackle prejudice, and

- (b) Promote understanding.

- 5.7.5 Compliance with the duties in this section may involve treating some persons more favourably than others; but that is not to be taken as permitting conduct that would otherwise be prohibited by or under this Act. The relevant protected characteristics are:

- Age

- Disability
- Gender reassignment
- Pregnancy and maternity
- Race,
- Religion or belief
- Sex
- Sexual orientation
- Marriage and Civil partnership

5.7.6 The public sector equality duty considerations and the council's commitments to tackling inequalities and disproportionality will be central to the development of the action plan that will deliver the Carers and Young Carers Strategy.

5.7.7 The current commissioned contract for Carers and Young Carers Support Services includes explicit requirements that cover the council's duties under equality legislation and the specification requires that carers from "hard to reach groups" are identified and proactively encouraged to access support appropriate to their needs.

5.8 Corporate Parenting

5.8.1 In line with the Children and Social Work Act 2017, the council has a duty to consider Corporate Parenting Principles in decision-making across the council. Through the implementation of the Carers and Young Carers Strategy, we aim to improve the support offer and experience of all young carers, including looked after children and care experienced people.

5.9 Consultation and Engagement

5.9.1 This strategy has been coproduced and developed in partnership with over 300 carers and young carers, as well as professionals representing: Adult Social Care, Family Services North Central London Integrated Care Board (NCL ICB), Barnet Enfield and Haringey Mental Health Trust, commissioned and non-commissioned organisations and voluntary and community sector partners.

5.9.2 A formal consultation was also carried out via Engage Barnet with positive feedback received on the usefulness of the document and reinforcing the importance of statutory agencies working in partnership, to reduce the burden on carers. A number of comments received suggested actions that could be taken to implement the strategy, which have been collated and will be used to inform action planning.

5.10 Environmental Impact

5.10.1 There are no direct environmental implications arising from approving this strategy. The impact of actions taken to deliver the Carers and Young Carers Strategy will be assessed against the council's Sustainability Action Plan to ensure cohesion and alignment with targets.

6. Background papers

6.1 None.